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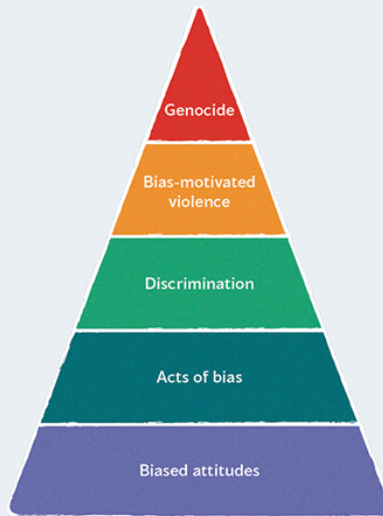
Identity



Pyramid of Hate

The Pyramid of Hate shows negative behaviours, growing in intensity from the bottom to the top.

Like a pyramid, the upper levels are supported by the lower levels. If people or institutions treat behaviours on the lower levels as acceptable or “normal,” the behaviours at the next level become more accepted.



The Pyramid of Hate

QUESTIONS TO DISCUSS

Sadly, we have all participated in the Pyramid of Hate at some point. The more honest we can be about our previous actions, the better we are at defying hate and spreading kindness and peace instead.

- Looking at the different levels, what actions can you admit to?
- What could you do to make up for them?
 - o *Could you vow not to do them again?*
 - o *Could you apologise to anyone you have harmed?*
 - o *What other options can you think of to help spread peace?*